

## **Disclosure Statement**

Thorodin Counseling & Consulting, L.L.C.

Except in emergency situations or where psychotherapy is being administered pursuant to a court order, every registered psychotherapist or licensee shall provide the following information in writing to each client during the initial contact:

Therapist: George MacIlwinen, B.S., M.A., LPC, CAC I, GEP, ACE-CPT

Business Phone: 720 432-3147

Business Address: 2769 Iris Avenue, Suite 114  
Boulder, CO 80304

### Degrees & Credentials:

- B.S. - Psychology - Georgia State University
- M.A. - Transpersonal Counseling Psychology - Naropa University
- Certified Addiction Counselor I - State of Colorado
- Licensed Professional Counselor- State of Colorado
- Certified Gestalt-Equine Psychotherapist - Gestalt Equine Institute of the Rockies
- Sensorimotor Psychotherapy I - raining in Affect Dysregulation, Survival Defenses, and Traumatic Memory - Sensorimotor Psychotherapy Institute
- Sensorimotor Psychotherapy II - Emotional Processing, Meaning Making, and Attachment Repair - Sensorimotor Psychotherapy Institute
- Academy on Clinical Exercise - Certified Personal Trainer

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CRS 12-43-214 (1) (c) provides that the practice of both licensed and registered persons in the field of psychotherapy is regulated by the Mental Health Licensing Section of the Division of Registrations. The Board of Registered Psychotherapist Examiners can be reached at 1560 Broadway, Suite 1350, Denver, Colorado 80202, (303) 894-7800. As to the regulatory requirements applicable to mental health professionals:

- Certified Addiction Counselor I (CAC I) must be a high school graduate, complete required training and 1000 hours of supervised experience.
- Certified Addiction Counselor (CAC II) must complete additional required training hours and 2000 hours of supervised experience.
- Certified Addiction Counselor III (CAC III) must have a bachelor's degree in behavioral health, complete additional required training hours and 2000 hours of supervised experience.
- Licensed Addiction Counselor must have a clinical master's degree and meet the CAC III requirements.
- Psychologist Candidate, a Marriage and Family Therapist Candidate, and a Licensed Professional Counselor Candidate must hold the necessary licensing degree and be in the process of completing the required supervision for licensure.
- A Licensed Psychologist must hold a doctorate degree in psychology and have one year of post-doctoral supervision.
- Level I Sensorimotor Psychotherapist is trained in the treatment of trauma. Skills are taught to a

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720 432-3147 - office . 2769 Iris Avenue, Suite 114 . Boulder, CO 80304**

Level I Sensorimotor Psychotherapist over the course of a year-long, 80 hour professional training through the Sensorimotor Psychotherapy Institute that include the ability to utilize body-oriented interventions for tracking, naming and safely exploring trauma-related somatic activation, creating new competencies and restoring a somatic sense of self. Also taught are interventions for identifying and working with disruptive somatic patterns, disturbed cognitive and emotional processing, and fragmented sense of self experienced by traumatized individuals, with a focus on stabilization and symptom reduction.

- Level II Sensorimotor Psychotherapist is trained in the treatment of developmental and attachment issues, and their potential influencing of and by trauma, over the course of a year-long 180 hour professional training through the Sensorimotor Psychotherapy Institute. Level II of the SPI training program builds on the curriculum of Level I, emphasizing how traumatic, attachment, and developmental issues influence one another, and how to provide effective treatment given their inevitable intertwining.
- A Certified Gestalt-Equine Psychotherapist is trained in Gestalt and Equine-Assisted Psychotherapy in a 270 hour, 2-year long professional training through the Gestalt-Equine Institute of the Rockies. Certification is available only to Master’s Level Psychotherapists and includes passing oral and written exams focusing on facilitating the therapeutic relationship between therapist-horse-client, and the essential theoretical concepts and experiential process combining Gestalt therapy, human development, and horsemanship.

CRS 12-43-214 (1) (d) provides the following: A client is entitled to receive information from me about methods of therapy, the techniques used, the duration of your therapy (if known), and fee structure. You can seek a second opinion from another therapist or terminate therapy at any time. In a professional relationship, sexual intimacy is inappropriate and should be reported to the Department of Regulatory Agencies.

CRS 12-43-214 (1) (d) Privileged Communications: The information provided by a client during therapy sessions is legally confidential, except as provided in section 12-43-218 of the Colorado Revised Statutes and the HIPPA Notice of Privacy Rights you were provided, as well as other exceptions in Colorado and Federal law. If legal exceptions arises during therapy, if feasible, you will be informed accordingly. The Mental Health Practice Act (CRS 12-43-101, et seq.) is available at: <http://www.dora.state.co.us/mental-health/statute.pdf>.

I have been informed of my therapist’s degrees, credentials, and licenses. I have read the preceding information and understand my rights as a client. I also acknowledge that I have satisfied myself as concerns any questions relating to this disclosure form before signing below.

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Print Client’s name

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Client/Legal Representative Signature Date

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George MacIlwinen MA, LPC, CAC I, GEP, ACE-CPT Date